## **Suicide Prevention**

File: JLDBA

The district recognizes that the incidence of adolescent suicide is on the rise and that suicide is a major killer of young people between the ages of 15 and 24. Therefore, the superintendent shall initiate and continue appropriate awareness and prevention programs in the district.

The school staff, students and parents/guardians can contribute significantly toward the prevention of adolescent suicide. Therefore the district shall consider each of these segments of the school community when developing its programs.

Since the necessary professional expertise to carry out such programs may not be adequately available within the school system, the superintendent may identify local mental health agencies and others able to provide necessary assistance and may establish a continuing cooperative relationship with them in this effort.

The district shall help the school staff, parents/guardians and students to:

- 1. Understand the developmental stages of adolescence
- 2. Understand how feelings of depression and despair can lead to suicide
- 3. Recognize the early warning signs of suicide
- 4. Learn how to help in a suicidal crisis
- 5. Identify community resources where teenagers can get help
- 6. Address the impact of such a tragedy

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